CHORE CHART FOR KIDS · AGES 4–7

My Helping Week

Name: _____

Job	Mon	Tue	Wed	Thu	Fri	Sat	Sun
 Pull up my blanket							
 Put toys back							
 Dirty clothes in the basket							
 Clear my plate							
 Help set the table							
 Water a plant or feed a pet							
 _____							
 _____							

For grown-ups: start with two or three jobs, not all of them. Do each job together a few times before your child does it alone. A check mark or sticker when it's done is enough — notice the effort, not a perfect result.

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